

Michele Marie Clara Mouttapa, PhD.

Assistant Professor  
California State University, Fullerton  
Department of Health Science  
P.O. Box 6870  
Fullerton, CA 92834

Phone: (657) 278-8436  
Fax: (657) 278-5317  
E-mail: [mmouttapa@fullerton.edu](mailto:mmouttapa@fullerton.edu)

A. Education

Postdoctoral Training	University of Southern California, Los Angeles, Integrated Substance Abuse Programs July 2006
Postdoctoral Training	Johns Hopkins University, Urban Health Institute July 2005
Doctoral Degree	University of Southern California, Department of Preventive Medicine, Health Behavior Research July 2004
M.A. Degree	California State University at Fullerton, Psychology June 1999
B.S. Degree	University of California at Davis, Psychology June 1995

B. Honors and Awards

<b>Faculty Recognition: Scholarly and Creative Journal Activities</b>	<b>California State University, Fullerton Category: Highest Quality, Peer Reviewed Articles, April 2010</b>
Faculty Recognition: Service	California State University, Fullerton Category: Service to the External Community, April 2009
Faculty Recognition: Teaching	California State University, Fullerton Outstanding Recognition for Teacher Scholars Category: Sponsoring Student Research and Creative Activities, April 2008
Training Grant Fellow	National Institute on Drug Abuse August 2004
Research Poster Award	1 <sup>st</sup> Place, Research Conference on Minority Issues Baltimore, Maryland, December 2004
Predocctoral Training	National Cancer Institute, September 2002 Transdisciplinary Tobacco Use Research Center September 1999

## C. Research Activities

### **Grant Awards**

1. Call to Service Mini-Grant. **Co-Principal Investigator:** “FantastiKids-Evaluation of the ‘Bully for You’ Program.” **\$1,500** (2009-2010).
2. Centers for Disease Control and Prevention. **Co-investigator:** “An interdisciplinary approach to approach obesity: From infancy through adulthood. Project 4: Pediatric weight management evaluation.” **\$386,000** (2008-2009).
3. Department of Defense Congressionally Directed Medical Research Programs. **Co-investigator:** “Nutritional and exercise aspects of Prader-Willi Syndrome and childhood obesity.” USAMRMC # 07082001. **\$900,000** (2008-2010).
4. State Special Fund for Research, Scholarship, and Creative Activity. **Principal Investigator:** “A comprehensive approach to understanding intimate partner violence.” **\$5,000** (2007).

### **Peer Reviewed Articles**

1. Mouttapa, M., Watson, D.W., McCuller, J.W., Sussman, S., Weiss, J.W., Reiber, C., Lewis, D., Tsai, W. (2010). I’m bad, I’m mad: Links between self-identification as a gangster, symptoms of anger, and alcohol use among minority adolescent detainees. Youth Violence and Juvenile Justice, **8**, 71-82.
2. Mouttapa, M., Watson, D.W., McCuller, J.W., Reiber, C., Tsai, W. (2010). Substance use and HIV prevention for youth in correctional facilities. Journal of Correctional Education, **60**, 288-314.
3. Mouttapa, M., Watson, D.W., McCuller, W.J., Reiber, C., Tsai, W., Plug, M. (2010). HIV prevention among incarcerated adolescents. Journal of Correctional Health Care, **16**, 27-38.
4. Love, G., Mouttapa, M., Tanjasiri, S.P. (2009). Everybody’s talking: Using entertainment-education video to reduce barriers to discussion of cervical cancer screening among Thai women. Health Education Research, **24**, 829-838.
5. Rutledge, D.N., Mouttapa, M., Wood, P.B. (2009). Symptom clusters in fibromyalgia: Potential utility in patient assessment and treatment evaluation. Nursing Research, **58**, 359-367.

6. Evans, E. Murphy, D., **Mouttapa, M.**, Hser, Y.I. (2009). Regulatory issues encountered when conducting longitudinal substance abuse research. Journal of Drug Issues, 39, 1003-1026.
7. **Mouttapa, M.**, Weiss, J.W., Hermann, M. (2009). Is image everything? The role of self-image in the relationship between family functioning and substance use among Hispanic adolescents. Substance Use and Misuse, 44, 702-721.
8. Singh, A.N., Matson, J.L., **Mouttapa, M.**, Pella, R.D., Hill, B.D., Thorson, R. (2009). A critical item analysis of the QABF: Development of a short form assessment instrument. Research in Developmental Disabilities, 30, 782-792.
9. Watson, D.W., Tsai, W., Chu, V.S., Williams, E., **Mouttapa, M.**, Asghar, Shaw, M.E. (2009). The role of faith-based organizations in supporting efforts to re-integrate residents returning from prison. Californian Journal of Health Promotion, 6, 25-35.
10. Ng, T.G., McMahan, S., **Mouttapa, M.**, Tanjasiri, S.P., Beam, W., (2009). Comparison of Body Mass Index (BMI) Categories Based on Asian and Universal Standards and Language Spoken at Home Among Asian American University Students. American Journal of Health Education, 40, 37-44.
11. Weiss, J. W., Edwards, W., **Mouttapa, M.** (2008). The puzzle of adolescent substance initiation. In J. W. Weiss & D. J. Weiss (Eds). *The essential Ward Edwards*. New York: Oxford University Press.
12. Ora, A.G., **Mouttapa, M.**, Weiss, J.W., Weissmuller, P. (2008). Food security and homelessness in the City of Anaheim. Californian Journal of Health Promotion, 6, 156-172.
13. Weiss, J.W., Palmer, P.H., Chou, C., **Mouttapa, M.**, Johnson, C.A. (2008). Association between psychological factors and adolescent smoking in Seven Cities, China. International Journal of Behavioral Medicine, 15, 149-156.
14. **Mouttapa, M.**, Murphy, D.A. (2008). STDs and family health. *The Encyclopedic Reference of Public Health*. Springer Publishing Company.
15. Jagers, R.J., Sydnor, K., **Mouttapa, M.**, Flay, B.R. (2007). Protective factors associated with preadolescent violence: Preliminary work on a cultural model. American Journal of Community Psychology, 40, 138-145.

16. Watson, D.W., **Mouttapa, M.** et al. (2007). The Life Interventions for Family Effectiveness (LIFE). Preliminary findings on alternative school interventions for adolescents. Journal of Correctional Education, 58, 57-68.
17. Murphy, D.A., Greenwell, L., **Mouttapa, M.**, Brecht, M., Schuster, M.A. (2006). Physical health of mothers with HIV/AIDS and the mental health of their children. Journal of Developmental & Behavioral Pediatrics 27, 386-395.
18. Weiss, J.W., Cen, S., Schuster, D.V., Unger, J.B., Johnson, C.A., **Mouttapa, M.**, Schreiner, W.S., Cruz, T.B. (2006). Longitudinal effects of pro-tobacco and anti-tobacco messages on adolescent smoking susceptibility. Nicotine and Tobacco Research, 8, 455-465.
19. Unger, J.B., Shakib, S., Gallaher, P., Ritt-Olson, A., **Mouttapa, M.**, Palmer, P.H., Johnson, C.A. (2006). Cultural/interpersonal values and smoking in an ethnically diverse sample of Southern California adolescents. Journal of Cultural Diversity, 13, 55-63.
20. Weiss, J.W., **Mouttapa, M.**, Chou, C-P, Nezami, E., Johnson, C.A., Palmer, P., Cen, S., Gallaher, P., Ritt-Olson, A., Unger, J.B. (2005). Hostility, depressive symptoms, and smoking in early adolescence. Journal of Adolescence, 28, 49-62.
21. Valente, T.W., Gallaher, P., **Mouttapa, M.** (2004). Using social networks to understand and prevent substance use: A transdisciplinary perspective. Substance Use and Misuse, 39, 1685-1712.
22. **Mouttapa, M.**, Valente, T., Gallaher, P., Rohrbach, R.A., Unger, J.B. (2004). Social network predictors of bullying and victimization among adolescents in School. Adolescence, 39, 315-335.
23. **Mouttapa, M.**, Huang, TT-K., Shakib, S., Sussman, S., Unger, J.B. (2003). Authority-related conformity as a protective factor against adolescent health risk behaviors. Journal of Adolescent Health, 33, 320-321.
24. Shakib, S., **Mouttapa, M.**, Johnson, C.A., Ritt-Olson, A., Trinidad, D., Gallaher, P., Unger, J.B. (2003). Ethnic variation in parenting characteristics and adolescent smoking. Journal of Adolescent Health, 33, 88-97.
25. Shenassa, E.D., McCaffery, J.M., Swan, G.E., Khroyan, T., Shakib, S., Lerman, C., Lyons, M., **Mouttapa, M.**, Niaura, R.S., Buka, S.L., Leslie, F., Santangelo, S.L. (2003). Intergenerational transmission of tobacco use and dependence: A transdisciplinary perspective. Nicotine & Tobacco Research, 6, Supp. 1, S55-S69.

26. Unger, J.B., Rohrbach, L.A., Howard-Pitney B., Ritt-Olson, M., **Mouttapa, M.** (2001). Peer influences and susceptibility to smoking among California adolescents. Substance Abuse and Misuse, 36, 551-571.

#### Articles in Press

1. Kengen, T., Rutledge, D., Mouttapa, M., Weiss, J.W., Aquino, J. (in press). Strategies used to manage symptoms by women with fibromyalgia. Journal of Clinical Nursing.
2. Mouttapa, M., Robertson, T., McEligot, A.J., Weiss, J.W., Hoolihan, L., Ora, A., Trinh, L., (in press). The Personal Nutrition Planner: An evaluation of a 5-week computer-tailored intervention for women. Nutrition Education and Behavior.
3. Tran, J.H., Mouttapa, M., Ichinose, T.Y., Pang, J.K., Ueda, D., Tanjasiri, S.P. (in press). Sources of Information that Promote Breast and Cervical Cancer Screening among Native Hawaiians in Southern California. Journal of Cancer Education.
4. Weiss, J.W., Mouttapa, M., Cen, S., Johnson, C. A., Unger, J. B. (in press). Longitudinal effects of hostility, depression, and bullying on adolescent smoking initiation. Journal of Adolescent Health.

#### Articles Submitted

1. Omolafe, A., McMahan, M., Mouttapa, M., Tanjasiri, S.P. (under review). Family history of type-2 diabetes risk knowledge, perceived threat, and physical activity amongst African Americans. Californian Journal of Health Promotion.
2. Shakib, S., Mouttapa, M., Cen, S., Blanco, L., Unger, J.B. (under review). Variation in parenting characteristics and adolescent smoking by parental immigration status. Journal of Cultural Diversity.

#### Conference Presentations since 2007

1. Rubin, D., Judelson, D., Mouttapa, M., Mendoza, D., Barrera-Ng, A., Amaya, G. (Sept. 2010). Aerobic exercise capacity in children with Prader-Willi Syndrome. Poster presentation given at the North American Society for Pediatric Exercise Medicine in Niagara-at-the-lake, Ontario, CA.
2. Nacpil, L.M., Weiss, J.W., Mouttapa, M., Rubin, D., Gedissman, A. (April 2010). The biopsychosocial factors associated with overweight

**and obesity among Latino children and youth. Poster presentation given at the Southern California Public Health Association Conference in Garden Grove, CA.**

3. Gedissman, A., Weiss, J.W., Mouttapa, M., Rubin, D., Nacpil, L., Tan, G. (March 2010). **Successful integration of a pediatric obesity prevention program with FQHC's. Poster presentation given at the National Initiative for Children Healthcare Quality in Atlanta, GA.**
4. Mouttapa, M., Weiss, J.W., McEligot, A.J., Robertson, T., Trinh, L., Ora, A. (November 2009). **Dairy Council of California's Personal Nutrition Planner: Results of the online tool among women. Poster presentation given at the American Public Health Association Annual Conference in Philadelphia, PA.**
5. Branch, C., Osborne, D., McFollins, T., Watson, D.W., Mouttapa, M., Tsai, W., & Asghar, A. (June 2009). Los Angeles Youth Collaborative for substance use and violence prevention among gang exposed youth. Poster presentation given at the College on Problems of Drug Dependence Conference in Reno, NV.
6. Plug, M., Mouttapa, M., Banzet, M., Delgado, N., Thornton, A., Palomares, M.R. (August 2009). Comparing symptoms of intrusion and avoidance between women with early stage and locally advanced breast cancer at the time of diagnosis. Poster presentation given at the Roberts Summer Student Academy Poster Session, City of Hope, Duarte, CA.
7. Robertson, T.P., Mouttapa, M., Wallace, S., Weiss, J.W., McEligot, A.J. (October 2009). Results of a tailored internet plus e-mail intervention to improve women's food choices. Poster presentation given at the American Dietetic Association in Denver, CO.
8. Hatanaka, H., Levy, H., Wright, C., Schott, J., Malak-Lopez, D., McKinney, F., Cosio, L., Montenegro, D., Vasquez, E., Watson, D., Mouttapa, M., Tsai, W. (June 2009). Supporting Opportunities for Adolescent Recovery (SOAR). Poster presentation given at the College on Problems of Drug Dependence Conference in Reno, NV.
9. Wallace, S., Robertson, T.P., Mouttapa, M., Weiss, J.W., McEligot, A.J. (April 2009). Evaluating the effectiveness of the Personal Nutrition Planner: an online intervention aimed at women ages 21-65. Poster presentation given at the Experimental Biology Conference in New Orleans, LA.
10. Gedissman, A., Mouttapa, M., Weiss, J.W., & Nacpil, L. (March, 2009). A Pediatrician's Strategy for Obesity Prevention and Intervention in Latino Population: The Effect of Depressive Symptoms on Outcomes.

Poster presentation given at the National Initiative for Children Healthcare Quality in Grapevine, TX.

11. Gedissman, A., **Mouttapa, M.**, Weiss, J.W., Nacpil, L. (March 2009). A pediatrician's strategy for obesity prevention and intervention in Latino population. Poster presentation given at the American Academy of Pediatrics Annual Conference in Anaheim, CA.
12. Cherry, B.J., Jones, C.J., Rutledge, D.N., Weiss, J., Bakarat, B.K., Zettel-Watson, L., **Mouttapa, M.**, Just, N., & Aquino, J. (March 2009). Physical and cognitive performance in fibromyalgia and normal aging. **Poster presentation** given at the Annual Rotman Research Conference in Toronto, Canada.
13. Shibata, K., Jones, C.J., **Mouttapa, M.**, Weiss, J.W. (Sept. 2008). Reliability and validity of the 8-foot Up & Go test as a measure of dynamic balance and functional mobility in persons with fibromyalgia. **Poster presentation** given at the American Academy of Pain Management Annual Clinical Meeting in Nashville, TN.
14. Love, G., **Mouttapa, M.**, & Tanjasiri, S.P. (Aug. 2008). Everybody's Talking: Using Entertainment-Education Video to Reduce Barriers to Discussion of Cervical Cancer Screening among Thai Women. **Oral presentation** given at the National Conference on Health Communication, Marketing and Media in Atlanta, GA.
15. Rutledge, D.N., **Mouttapa, M.**, Jones, C.J., Lewis, D. (Apr. 2008). Effects of essential oils on symptoms of exercising women with fibromyalgia. **Poster** presented at "The Circle of Nursing Knowledge: Education, Practice & Research." Western Institute of Nursing in Garden Grove CA
16. Rutledge, D.N., **Mouttapa, M.**, Jones, C.J., Lewis, D. (Apr. 2008). Effects of essential oils on symptoms of exercising women with fibromyalgia [Abstract]. Proceedings of the Western Institute of Nursing, USA, 41, 482.
17. **Mouttapa, M.**, Weiss, J.W. (Nov. 2007). Perceived risk of violence and victimization: Another piece of the adolescent substance use puzzle. **Poster** presented at the American Public Health Association Annual Conference in Washington, DC.
18. Weiss, J.W., **Mouttapa, M.** (Nov. 2007). Puzzle of adolescent substance use. **Poster** presented at the American Public Health Association Annual Conference in Washington, DC.

19. Weiss, J.W., **Mouttapa, M.** (Nov. 2007). MAU for tobacco and alcohol. **Poster** presented at the Society for Judgment and Decision Making Annual Conference in Long Beach, California.
20. McEligot, A.J., **Mouttapa, M.**, Ziogas, A., Anton-Culver, H. (Apr. 2007). Vegetable, fruit, fiber, fat and folate intakes, and BMI in women at high risk for breast and ovarian cancer. **Poster** presented at the American Association for Cancer Research Annual Meeting, Los Angeles, California.

D. Service Activities

**Professional Service**

1. **Co-Editor for the Californian Journal of Health Promotion (2008-2010).**
2. Associate Editor for the Californian Journal of Health Promotion (2008-2010).
3. Manuscript Reviewer for Youth Violence and Juvenile Justice (2009-present).
4. Manuscript Reviewer for Connections (2004). Editor: Thomas Valente, Ph.D.
5. Manuscript Reviewer for Nicotine and Tobacco Research (2006-present). Editor: Martha Agreda, Ph.D.
6. Grant Proposal Reviewer for the Florida Department of Health, Esther and James King Biomedical Research Program (2007-2008).
7. Presentation Reviewer for the Graduate Women in Health (GWIS) Annual Conference, Orange, CA (2007).

**University Service**

1. **Member of the University Board of Writing Proficiency (2010-present).**
2. Chair of the College of Health and Human Services Curriculum Committee (2008-2009).
3. Member of the University Advancement Committee (2008-2010).
4. Mentor for the Minority Health and Health Disparities International Research Training (MHIRT) Program (2007).
5. Faculty Sponsor for Eta Sigma Gamma, Delta Rho Chapter (2007-present).



6. Statistical Consultant for the CSUF Center for Cancer Disparities Research (2007-present).
7. Member of the Alcohol and Other Drug Advisory Committee, Research and Assessment Sub-Committee (2007-present).
8. Lead Reviewer of the Master in Public Health Admissions Committee (2007-present).
9. Co-Chairman of the CSUF 2007 Spring Colloquium “Utilizing Surveillance Based Data: Focus on the California Health Interview Survey (CHIS).”
10. Guest lecturer for the Sichuan Public Health Training Program (2007).
11. Guest lecturer for Jie Weiss’s Predicting Smoking and Alcohol Initiation Research Group (2007).

### **Community Service**

1. **Pilot Evaluation of Community-Based Fall Prevention Programs through State Health Departments. Funded by the Centers for Disease Control and Prevention. Lead evaluator: Debbie Rose (2010-2011).**
2. **Evaluator for the Saint Barnabus Senior Center (Increasing Stability through Exercise and Practice) fall risk reduction program (InSTEP). Funded by the Archstone Foundation. Lead evaluator: Debbie Rose (2010).**
3. Evaluator for the Fullerton Healthy Neighborhood Initiative (funded by the California Endowment). Principal Investigator: Barry Ross, St. Jude’s Hospital. Grant #: 20081084 (2008-2010).
4. Technical expert for the California Hospital Association Hospital Emergency Preparedness Assessment. Lead evaluator: Darlene Gidley (2009).
5. Evaluator for the Community Action Partnership of Orange County (CAPOC). Funded by the California Endowment. Principal Investigator: Delores Barrett. Grant # 20081336 (2008-2010).
6. Research consultant for University of California, Los Angeles/ Friends’ Research Institute, Torrance, CA (2005-present).
7. Survey analyst for the Community-Based Coalition Addressing the Renaissance Plan (CBCARP), Santa Ana, CA. Coalition leader: Erualdo

Gonzalez, CSUF Assistant Professor of Chicana and Chicano Studies (2008).

8. Lead consultant for the Dairy Council of California. Research design and evaluation of the online Personal Nutrition Planner (2007-2009).
9. Statistical consultant for Weaving an Islander Network for Cancer Awareness, Research, and Training (WINCART; 2007-present)
10. Member of the CSUF Fibromyalgia Research and Education Center (2007-present).
11. Member of the CSUF Center for the Promotion of Healthy Lifestyles and Obesity Prevention (2007-present).
12. Research Associate for Dr. Ruhul Amin, Institute for Urban Research, Morgan State University, Baltimore, Maryland. Projects: Parent and Child Experiences Study, YMCA after school program (2004-2005).
13. Project Assistant for Dr. Linda Chan, Children's Hospital of Los Angeles, Division of Children, Youth, and Adolescents. Project: Youth violence literature review (2003-2005).
14. Assistant Evaluator for Dr. Gary Uhl, CDC, and Dr. Thomas Valente, USC. Project: Centers for Disease Control and Prevention evaluation of 4 CDC-funded local HIV/AIDS service coalitions (2004).
15. Research Assistant for Drs. MaryAnn Pentz and Luanne Rohrbach, University of Southern California, Department of Preventive Medicine. Project: Evaluation of activities conducted by the Coalition for Zero Violence, a local coalition that facilitates community involvement to reduce youth violence (2001-2004).
16. Research Analyst for Dr. Terry Huang. Project: Needs assessment for Pasadena Health Department, HIV Prevention Division (2000).
17. Research Assistant to Dr. Gregory Robinson Social Science Research Center, Fullerton, CA. (1998-1999).

E. Teaching Experience

California State University, Department of Health Science

- Instructor for undergraduate Research Methods Class, Spring 2006-Spring 2007
- Instructor for undergraduate Statistics Class, Spring 2006-present

- Instructor for graduate Statistics Class, Fall 2006-present
- Instructor for graduate Research Methods Class, Summer 2009-present

University of Southern California, Department of Health Promotion and Disease Prevention Studies

- Co-instructor for Health Behavior Research Methods undergraduate course, Fall 2005.
- Preceptor for Introduction to Health Promotion and Disease Prevention undergraduate course, Fall 2000.